



**SP**lab



**AVRUM**  
la fabbrica delle idee

# 14th International Workshop on Combustion and Propulsion (IWCP)

**Micro- and Nano-Sized Advanced  
Energetic Materials for Propulsion  
and Energetic Applications**

## TOUR of ABRUZZO PROGRAM 01-03 August 2024



**Venue: Aurum, Largo  
Gardone Riviera, 65126  
Pescara, PE, Italy.**



**Your main tour guide will be Ms. Kharen Dell'Arciprete.  
The fare of 90€ includes all expenses except meals.**

Thu, 01 Aug 24

(Kharen will assist the group for the whole day)



**h 09:00** departure by chartered bus from Hotel Plaza.



**h 09:50** ca arrival **Lanciano**, one of the most interesting cities in **Abruzzo**. Famous for the Eucharistic Miracle and its Sanctuary, the city has a unique **Cathedral**, built over a Roman Bridge. Our tour will take you in an amazing archaeological underground path.

After the tour we will drive to the amazing **Trabocchi Coast** and stop for lunch in one of the Trabocchi. It will surely be an incredible experience for you.

Quick visit of **Abbazia di San Giovanni in Venere**.



**h 13:00-15:00** Trabocco Punta Tufano. Seafood lunch at €35 per person. Illustration on how a Trabocco works.



In the afternoon we will move to **Ortona** where you will visit of the city, known as the "**Little Stalingrad of Italy**" due to the urban battle that took place there. Our tour will show you the main attractions of this Adriatic city such as: the Aragonese Castle, the Cathedral, and the fishermen's district.



**h 18:30** Back to Hotel Plaza



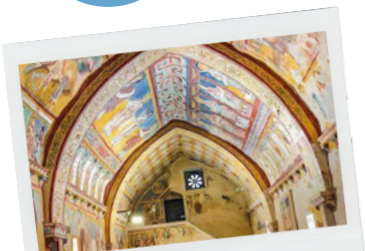
**h 19:30** Dinner Lecky Horn, 65015 Montesilvano PE.

Fri, 02 Aug 24

(Kharen will assist the group until 18:40)

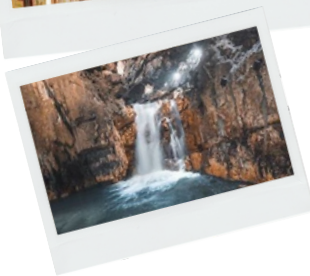


**h 08:30 departure by chartered bus from Hotel Plaza.**



**h 10:00** ca arrival in San Demetrio.

**h 10:00-10:45** visit Bominaco: Church of S. Maria Assunta and Oratorio San Pellegrino known as the "Sistine Chapel of Abruzzo". Reservation agreed with the English-native guide Chiara.



Transfer to Stiffe by bus and preparation for visit (instructions and protective helmets).

**h 11:30-12:30** Tour of the Caves of Stiffe (Grotte di Stiffe) with English-speaking guide.

**ATTENTION  
PLEASE**

The visit is always guided and will last 1 hour; the use of toilets is recommended before the visit. The roundtrip way is 1400 m long and includes easily accessible walkways and several stairways. The internal temperature is 9 °C all year round, appropriate clothing and comfortable shoes are recommended, possibly with non-slip soles. Admission is strongly discouraged for serious heart patients and those suffering from serious respiratory diseases. Pets of any size are not allowed in the Cave.



**Transfer to L'Aquila by bus.**



**h 13:15 Lunch at €25 per person, Restaurant La Grotta di Aligi, to taste the most iconic plate of our region, the Arrosticini.**



**h 15:00** Kharen will help you discover the main attractions of the capital of Abruzzo: The 99 spouts Fountain (Fontana delle 99 cannelle), the Church of San Bernardino, and the beautiful and breathtaking Basilica of Collemaggio.



**h 18:40 Back to Hotel Plaza**



**h 19:30 Light dinner: Pizzette Trieste**

Sat, 03 Aug 24

(Kharen will assist the group from 10:00 to 18:40)



**h 09:00 departure by chartered bus from Hotel Plaza.**



We will drive till Assergi from where we will take a wonderful road across Campo Imperatore, a mountain plateau (about 1600 m above sea level) known as the "Little Tibet". We will make some stops to take pictures and enjoy the view.



In Assergi we will be at about **10:45** (it is 107 km). We will make a 15-minute stop at the base of the cable car because it is the only point where there are rest rooms available. At **11:00** we leave again to go up to Campo Imperatore. Around **11:45** we will be at the Ristoro Mucciante. Photo stop and possible purchase of cheeses and other typical products.



**Notice:** Some participants may need to pay attention to the high altitude of parts of this tour, although it is not exceptional.



**h 13:00-15:00 Lunch at Santo Stefano di Sessanio, Restaurant La Locanda sul Lago (price under negotiation).**

**h 15:10** we reach the village of Rocca di Calascio. About 20 min walk for the castle. Because of photos and explanations, we will stay about 1 hour. Around h **17:00** pm we will return to our bus.

National Geographic has included the Rocca di Calascio castle among the 15 most beautiful castles in the world. The Castle of Rocca di Calascio is located within the borders of the Gran Sasso National Park and it has been the set of important films. For example, Lady Hawke (1985) and Il Nome della Rosa (1986). The Castle dominates the Tirino Valley and the Navelli plain.

In the past, the castle was used as a strategic military observation point in communication with other towers and castles. In **1703** it was damaged by the earthquake and was then subjected to a series of conservative restoration efforts. A wonder in the heart of Abruzzo.



**h 18:20 Back to Hotel Plaza**



**h 19:30 Last dinner: Lido terrace or Esplanade roof garden**